

The inferior vertebral notches are situated on the inferior surface of the pedicles between the body and inferior articular processes. Together with the superior notches of C5 the inferior notches form the antero-laterally-directed intervertebral foramina. Each foramen transmits a **fifth cervical spinal nerve** and its coverings, a spinal artery, venous plexus and recurrent meningeal (sinu-vertebral) nerves. Moreover the dorsal root ganglia lie partly within the foramina.